

HINDU COLLEGE UNIVERSITY OF DELHI

BEST PRACTICE 2 ARUNODAYA: LEARNING BEYOND ACADEMICS



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Title of the Practice:

Arunodaya: Learning Beyond Academics

Objective:

Hindu College celebrates the fact that useful application of academic knowledge can be realized through the necessary skills of critical thinking, problem solving, analytical reasoning and ideation. Exposure to extra-classroom contexts and training to problematize ideas become indispensable in this regard. Thus, the stated objective of this practice is to ensure that students of the institution get an education that is neither confined neither to the classroom nor to the curriculum. The College maintains an excellent balance between academic learning, and exposure to extra-curricular activities and events. Hindu College has a vibrant extra-curricular life, with around 50 student societies, each of which organize, conduct, and participate in extra-curricular activities, which enhance their College experience and ensure a holistic and synergistic learning experience.

Context:

Education is India has historically grappled with the problems of constraints arising from curricula which purely reduced to learning in the classroom, inhibiting the personality-development of students and leaving a bridge between theory and praxis and the curricular and the extracurricular. NEP 2020 aims to remedy this gap and Hindu College, with its own history of student collectives and imparting education with a difference, is strongly on-board with this mission. Situated in the hub of the North Campus of Delhi University, the College has a central position in the University circuit, which facilitates a vibrant and diverse student community. The College boasts of students from all corners of the country and a fair few international students as well, and each student brings a rich regional and cultural heritage that the College cherishes and celebrates. As such, the College encourages its students to utilise all available resources to make the most of their college experience.

The Practice:

- 1. Our faculty members strongly encourage students to question prominent intellectual assumptions and create their own novel ideas through an exercise of analytical skills.
- 2. The College is the only college in the country to have a representative Student Parliament. Known as the Parliament of the Republic of Hindu College, it comprises of members from faculty and students. The Parliament is responsible for budget allocation to various student societies, the overall running of the Student Council, and the various academic, cultural, and extra-curricular events organized in the College.
- 3. The College is home to over sixty societies and clubs, which are run by students under the supervision of faculty advisors and allow students to pursue their passions, form communities based on shared interests and foster a vibrant campus culture where the possibilities for personality development and democratic collaborations are boundless.
- 4. Many societies organize, and often assist Departments in putting together seminars, film festivals and guest lectures, all tethered to giving empowering exposure and capacity building opportunities to the participants.
- 5. A large number of student societies are involved in the arts, enabling young scholars to curate, produce and experiment with art and performance, while simultaneously learning the crucial skills of planning and execution while being the cultural ambassadors of the college and the country. Such societies include Ibtida- The Dramatics Society, established by the illustrious filmmaker Imtiaz Ali, Scribe- The Literary Society, Adhrita- The Dance Society, Aria- The Western Music Society and Vivre- The Film and Photography Society.
- 6. Students also energize the college wings of the NSS and the NCC as well as our very successful sports teams and participate in numerous social outreach activities.
- 7. The NSS is committed to community service as well as larger missions tied to Aatma Nirbhar Bharat, Fit India Mission and other schemes run by the Government of India. The college also runs the Naval Wing of NCC since 2004, which aims to develop character, discipline, and the ideals of selfless service amongst the cadets.
- 8. The NSS, the NCC, and Enactus Hindu are also responsible for organizing a number of Extension and Outreach activities that foster a sense of social responsibility in the students. Following are a few examples of such activities:
 - **Gandhi Ashram educational project**, near Kingsway Camp- volunteers have been conducting Maths and English classes for primary level students since July 2013.
 - Since 2015, students are also conducting free tuitions, educational and cocurricular activities for underprivileged children at **Timarpur slum near Wazirabad**.
 - College Construction worker's children's education project within the college itself which impacted 16 children.
 - **Behind Majnu Ka Tilla** Gurudwara, in a refugee area, help extended to students from classes 3rd to 8th and a small library has also been set up.

- Assistance for visually impaired students assigning regular readers for them, recording their lessons and also providing scribes for their examinations and assignment needs.
- Various **Medical camps and cleanliness drives** across campus and nearby slum areas have been undertaken to create awareness and to motivate people to live in a clean environment.
- **Cleanliness Drive** more than 100 volunteers cleaned the area outside the College campus. Volunteers also participated in Yamuna cleanliness drive by UN Volunteers .
- A Blood Bank Directory is maintained and a Blood Donation Camps organised.
- 'We Care Project' with DNipCare (Delhites initiative of palliative care)-volunteers visit cancer patients in GTB Hospital on Sundays.
- Environment awareness-students have undertaken paper collection drives for donation to an NGO for blind students, tree plantation drives in and outside campus, and anti-smoking campaign in association with the World Lung Foundation.
- **Regular cloth collection and distribution** drives are organized to provide warm clothing and blankets to the needy during winter.
- The college conducted a successful collection drive in 2018 for money(Rs.1,30,716/-) and material in aid of the **victims of Kerala floods.**
- Funds were raised and donated to the NGO Mother's Meal which would adopt families for six months from all over India.
- **Project Veerangana** an initiative to promote safety for all by training young women to become self-defence instructors.
- **Project Shreshth along with Khadi Department**, Ministry of Small and Medium Enterprises, GOI, inculcated entrepreneurship and self-reliance amongst women living in Badli Industrial Area to make and sell incense sticks.
- **Project Oorja** tackles the problem of expensive lighting for street vendors with a uniquely designed Solar LED Oorja lamp.
- **Project Soaprise** -collecting used and discarded soaps from Delhi hotels and making a proper soap base after a cleaning process and send it to a village called Karkar in Ghaziabad where a group of women make various soaps using the melt and pour process.
- **Project Antraat**-a fundraiser called <u>'</u>Mukhota- Aiding local artisans through masks. Collaborations were done with 13 student-led groups to distribute 4500 masks made for the beneficiaries in artisan communities of Delhi NCR,
- **Project Swabhimaan** designing well curated course curriculums and lesson plans for both stitching skills and computer skills.
- **Project Jeevika**-along with the community filters that were installed in Abheypur, a filtration unit was set up in the government school.
- 9. During the time of the COVID pandemic, the students, staff, and faculty of Hindu College came through in support of each other and of their communities. Various societies organized crowd-funding campaigns to help neighbourhoods in need. A vaccination centre was set up in the College. The NSS and NCC actively helped people in need obtain blood, PPE, masks, plasma etc. The Hindu College community came through as a shining example of social responsibility.

- 10. The Women's Development Cell, the Queer Collective, the SC/ST Cell and the Equal Opportunity Cell are student-run entities committed to tackling social injustices and maintaining the inclusivity of the college community. The Women's Development Cell has successfully organized a plethora of seminars, panel discussions and interactive sessions on various issues varying from women empowerment to gender discrimination. A few examples are:
 - It organized a Pride Parade on the September 18, 2019 in collaboration with Ibtida, Abstractions, and Aarambh, to celebrate the Supreme Court's verdict on Section 377 on September 6, 2018.
 - A seminar on Internal Complaints Committee Against Sexual Harassment was organized with Prachi Dutta, an advocate and alumnus of Hindu, as Guest of Honour on October 18, 2019.
 - A discussion on 'Casual Sexism in College', a webinar on 'Understanding Gender and Sexuality', a workshop about Understanding Safe Workplaces and a webinar on Domestic Violence in the Wake of a Pandemic.
 - Women's Development Cell, Hindu College, in collaboration with The Film Appreciation Society and North East Cell, organized and hosted the Hopping Sparrows Film Festival on 22 and 23 August 2020, which was followed by a discussion with the makers of the films like, 'Naisargi' and 'Firefox Guardian'.
 - Screening of an award-winning short film called 'Arrangement' by Molly Karna on 29 June 2020, as a part of Pride Month celebration.
- 11. The College also has an active Innovation Council, as well as a Start-Up Cell, which equip and motivate students to focus on extra-academic research, innovation, and entrepreneurship. Some of the events organized by these cells are as following:
 - A webinar on "Innovation: Creating Impact and Prosperity for Tomorrow" was held on 22 January, 2021.
 - A webinar on "Empowering Diversity in Science: What is exciting about science", as part of IUPAC Global Women's Breakfast, was held on 9 February 2021
 - An "Idea Competition" was organized on 27 March, 2019. The Competition invited exciting start-up ideas and encouraged students to think out of the box.
 - An "IPR Workshop" was held on 1 October, 2019.
 - An "IPR Awareness Program" was held on 29 December 2021.

Evidence of Success:

- 1. The college has produced an alumni like no other with prominent public figures such as Imtiaz Ali-filmmaker; Dr. Aparna Mathur-economist, presently at the White House, USA; Gautam Gambhir-cricketer; Dr. Naresh Trehan-cardiovascular and cardiothoracic surgeon; Vinod Rai-former Comptroller and Auditor General of India; Lalit Bhasin, managing partner, Bhasin and Co. Law Firm; Raj Bhargava, Former Chief Secretary, UP and Home Secretary, GoI; Vishal Bhardwaj and Rekha Bhardwaj-film director and music composer; Leela Gandhi-noted academic (granddaughter of Mahatma Gandhi); and Pema Khandu-the Chief Minister of Arunachal Pradesh. This is testament to the fact that College has always encouraged an all-rounded development of its students, and continues to do so.
- 2. Twelve alumni of Hindu College have been recipients of Padma Awards. (See Appendix A for list).
- 3. Students of Hindu College regularly perform excellently in various competitions and festivals organized all across the country, while at the same time, the College continues to prove its academic mettle which is reflected in examination results of its students.
- 4. The Extension and Outreach projects initiated by students and faculty of Hindu College have won various awards from external governmental and non-governmental organizations. These projects have been huge successes and have had great social impact. (See Appendix B for details)
- 5. Students of Hindu College publish a variety of in-house magazines, which are wellreceived all across the University and beyond. (See Appendix C for list)
- 6. The Innovation and Start-Up projects have also won various awards; students from these societies have won consultancy positions and internships at renowned organizations.
- 7. Hindu College is one of the most sought-after colleges of Delhi University for admissions. Prospective students always cite its academic as well as extra-curricular culture as a reason for this.

Problems Encountered and Resources Required:

- 1. Engaging with additional extra-curricular activities requires participants to put in time and labour beyond class-hours, which can sometimes be challenging for both students and faculty.
- 2. There are often bureaucratic obstacles involved in gaining permissions and sponsorships, especially when external institutions and organizations are involved.
- 3. There is always a monetary requirement. Funding directly affects the quality of events, activities, and the type of resource-person, speaker, artist, or expert invited.

Future Plans:

- 1. The College plans to bolster its extra-academic and extra-curricular events by devising a dedicated perspective plan.
- 2. The College plans to create more avenues for sponsorship and funding, so that bureaucratic bottlenecks are avoided.
- 3. The College is also actively working towards creating more opportunities for interaction between current students and alumni, so that they would get real-world guidance and exposure.
- 4. The College also plans to continue encouraging its various student societies to make the best use of the resources that are made available to them in order to get the most out of their educational experience.

THE PRACTICE, IN PRACTICE: SAMPLE EVENTS ORGANIZED/ EXTENSION ACTIVITIES UNDERTAKEN BY STUDENTS OF HINDU COLLEGE















Brings

Yamuna cleanliness drive

Under the Clean India Programme initiated by the Ministry of Youth Affairs and Sports.

Date: October 7, 2021

Time: 9 a.m. to 12 p.m. Venue: Waziarabad Barrage

Organizing Faculty Dr. Achla P. Tandon **Department of Sociology**

All are requested to participate





Date: oz March to og March 2022

Those who are interested to donate the pads can deposit them in the collection hubs

Collection Hubs: In front of Sanganeria Academic Block, Near Main Block, and Xerox shop.

Collected pads will be distributed in Majnu ka Tila Slum Areas (2 - 5 PM)





Objectives of the Event

Event Coordinator

Dr. Harinder Kumar



Blood Donation Camp



Yamuna Cleanliness Drive



Campus Cleanliness Drive



Campus Cleanliness Drive



Pratisandhi Merchandise Stall as part of Suruchi – the Diwali Mela

ARUNODAYA CASE STUDY: COVID RELIEF WORK DONE BY NSS HINDU COLLEGE





2. Vaccination Procedure

Another awareness post regarding the procedure of getting vaccinated has been put up on NSS Hindu's social media handles. The content is bilingual (Hindi and English) to help spread the word to a wider audience. The self registration link of Cowin website is circulated along for convenience.



3. Circulating and amplifying necessary information

Making the most of its social media presence, NSS Hindu is actively circulating information regarding blood donation, amplifying requests and leads. It is also taking up queries and requests on Instagram and posting stories of its verified leads.





4. Verifying Leads

At such a time of dire need of even a little help, it is very necessary to pass on the right information and the right resources. NSS Hindu along with Covid Warriors, an initiative by one of our NSS Volunteer, is constantly verifying the leads for the following resources:

- Ambulance
- Home ICU
- Oxygen cylinders/refilling/concentrators
- ICU beds/ normal beds
- Plasma donors
- · Medicines and free food for covid patients

and then sharing with the needy, pan India. The entire process of verification is being carried out by volunteers in separate WhatsApp groups : A main group (Covid Warrior (HC)) for the requests and leads and specific groups for verifying resources separately. Leads from each WhatsApp group are verified by connecting with every donor, hospital and organisation. Only genuine and helpful leads are forwarded to the main group and further to the needy.





5. Collaboration with NCC for setting up help desk

NSS Hindu has collaborated with NCC Hindu College to set up a help desk for covid relief, wherein contacts of few NSS Hindu volunteers and covid warriors are provided. One can reach out to those contacts for any specific needs related to plasma, oxygen supplies, ambulance, beds or any other miscellaneous needs.



Certain Measures we will be implementing down the line:

1. Webinar/awareness post about mental health

To address the rise in mental health related issues, we plan to organize a couple of webinars to communicate the need and know-how to deal with maintaining one's mental wellbeing. We will be uploading a number of posts and stories on our social media handles to communicate the issues like Addressing mental health in this pandemic, How to take care of one's emotional well-being, the importance of Meditation.



2. Forming a separate group with volunteers catering to queries related to vaccination and helping people to register

We along with NCC plan to offer a volunteer-led service dedicated to addressing queries related to vaccination clarification regarding the process and MoHFW guidelines, and guide people to register and book a slot for themselves on CoWin. The aim is to facilitate rapid information transfer and help people find support amid these troubled times. We consider this as a temporary essential service.

3. Short video + posts on promoting Covid appropriate behaviour

A video will be in the works soon that'll be reinforcing the importance of preventive measures and practices in a sustained manner, to fight with the disease over the long run. For the Instagram platform, we will have this as a Reel - a short 15-30 seconds clip. For the posters - If you're Infected, what measures must one take, Debunking Myths regarding vaccination and plasma donation

4. Collaborating with blood bank to cater to needs related to plasma donations

Realising the immediate necessity for plasma donations, we are reaching out to a number of well-to-do Blood banks for collaboration. Our aim to collaborate is to satisfy two aspects - One, to help spread awareness among the masses on how crucial it's to donate plasma and how they can do that properly. Second - to allow us to connect patients with our collaborative Blood Bank - we are essentially trying to fill the gap related to information on Covid-resources.





5. Plan to document the experience of a plasma or blood donor

The idea to document their experience is to remove the veil of doubt and uncertainty regarding the entire plasma / blood donation process and highlight its life-saving benefits. Evidence-based interventions to retain blood donors as regular donors is to be communicated. To further simplify, this can be thought of as testimonials.

Appendix B List of Padma Awardees

Padma Awards - one of the highest civilian Awards of the country, are conferred in three categories, namely, Padma Vibhushan, Padma Bhushan and Padma Shri. The Awards are given in various disciplines/ fields of activities, viz.- art, social work, public affairs, science and engineering, trade and industry, medicine, literature and education, sports, civil service, etc. 'Padma Vibhushan' is awarded for exceptional and distinguished service; 'Padma Bhushan' for distinguished service of high order and 'Padma Shri' for distinguished service in any field. The awards are announced on the occasion of Republic Day every year. These awards are conferred by the President of India at ceremonial functions which are held at Rashtrapati Bhawan usually around March/ April every year.

Sr. No	Name	Award	Link
1	Inder Sharma	Padma Shri-1990	https://www.youtube.com/wa tch?v=PR_qQzV2tpE
2	Dr. Naresh Trehan	Padma Shri-1991 and Padma Bhushan- 2001	https://en.wikipedia.org/wiki/ Naresh_Trehan
			https://www.careerguide.com /blog/inspirational- stories/career-story-dr- naresh-trehan-spirited- surgeon
3	Manoj Kumar	Padma Shri-1992	https://en.wikipedia.org/wiki/ Manoj_Kumar
4	H K Dua	Padma Bhushan- 1998	https://en.wikipedia.org/wiki/ HKDua
5	Viresh Pratap Chaudhry	Padma Shri-2002	https://en.wikipedia.org/wiki/ Viresh_Pratap_Chaudhry
6	Dr. Jaiveer Agarwal	Padma Bhushan-2006	https://en.wikipedia.org/wiki/ Jaiveer_Agarwal
7	Madhup Mudgal	Padma Shri-2006	https://en.wikipedia.org/wiki/ Madhup_Mudgal

8	Sushil Kumar Saxena	Padma Bhushan- 2008	https://en.wikipedia.org/wiki/ Sushil_Kumar_Saxena
9	Dr. Kapila Vatsyayan	Padma Vibhushan-2011	https://en.wikipedia.org/wiki/ Kapila_Vatsyayan
10	Rani Karnaa	Padma Shri-2014	https://en.wikipedia.org/wiki/ Rani_Karnaa
11	Vinod Rai	Padma Bhushan-2016	https://en.wikipedia.org/wiki/ Vinod_Rai
12.	Gautam Gambhir	Padmashree-2019; Arjuna Award-2008	https://en.wikipedia.org/wiki/ Gautam_Gambhir

Appendix B

Extension Projects

PROJECT MAITRI – NSS

PROJECT MAITRI

It recognises the growing loneliness among senior citizens and aims to establish a loving bridge of comfort between the volunteers and them. The team gets to learn from the older generation while in turn making them feel attended to, loved, cared for.





Project Maitri fosters conversations and connections between college students and senior citizens at old age homes.

Impact and Outcome: The Project impacted dozens of people, and received great feedback from both students and senior citizens.

Link to Project Maitri activities: <u>https://www.instagram.com/reel/CZbQ73EKABU/?igshid=</u> <u>YmMyMTA2M2Y</u>=

PROJECT DAASTAN - NSS

PROJECT DAASTAN

On the occasion of International Day of People with Disabilities, Health Wing commenced a new project called "Project Daastan: Words of our Life", wherein they conduct interactive sessions with people with disabilities to learn more about their lives. This project's main purpose is to create a world that is friendly, safe and sensitive and sow empathy among the volunteers by sharing the experiences and opinions of people who are differently-abled.



Project Daastan facilitates interactive sessions between students and people with disabilities.

Impact and Outcome: The Project has impacted dozens of people, posts about the project have had hundreds of likes and interactions, and was generally well received.

Link to Project Daastan activities:

https://www.instagram.com/p/CYyeQ61Bcty/?igshid=Ym MyMTA2M2Y=

PROJECT VACCINARRATION - NSS

PROJECT VACCINARRATION

This was an initiative taken to spread awareness and knowledge about the contagiousness of covid, and how it needs to be combated. The series took into consideration the personal experiences of volunteers and their words of encouragement for the general public.

Vaccinarration presented many such interviews of individuals which inspired and encouraged many to take vaccines without apprehensions. This initiative turned out to be a major in busting myths and misinformation related to covid and vaccination.





Project Vaccinarration was started to spread awareness and knowledge about Covid.

Impacts and Outcomes: These stories reached hudreds of people.

Links to Activities

https://www.instagram.com/p/CQJO3PcjX0O/?igshid=Ym MyMTA2M2Y=

https://www.instagram.com/p/CQEEAYBjf_u/?igshid=Ym
MyMTA2M2Y=

BOOK AND STATIONERY DONATION DRIVE - NSS

In collaboration with Sarkari School NGO and Gyaandeep Foundation



As part of this drive, NSS volunteers distributed books and stationery to needy children in neighbourhood areas.

Impact and Outcome: Dozens of children were impacted, and the drive was a huge success.

Link to Activities:

https://www.instagram.com/reel/CUt2pNJh-HB/?igshid=YmMyMTA2M2Y=

YAMUNA CLEANLINESS DRIVE - NSS

Volunteers from the College organized a cleanliness drive to clean the Yamuna river in North Delhi.



The Drive was well received and had a huge outcome. Volunteers were delighted and proud to be participating for a good cause.

Link to activities:

https://www.instagram.com/p/CU4Qf_nhHFv/?igshid=Ym MyMTA2M2Y=

FEED AN ANIMAL DRIVE - NSS

During the pandemic, volunteers contributed to a good cause by feeding stray animals in their neighbourhoods.



The Drive had a huge impact. Volunteers were assisted by other people of their neighbourhoods. Posts about the drive on social media reached and were well-received by hundreds of people.

Link to Activities:

https://www.instagram.com/p/CFtgDi0jY-E/?igshid=YmMyMTA2M2Y=







PROJECT ANTRAAT - ENACTUS

Project Antraat is an attempt to revive local arts and handicrafts in an effort to preserve and increase their relevance in the modern era. The project aims to sustain handmade products made by our disabled and women beneficiaries, hailing from more than six communities in the Delhi NCR region, in collaboration with Vision of India and POWHER Charitable Trust. Under the umbrella of Project Antraat, we provide an array of products by using natural, eco-friendly, and upcycled alternatives. The project's goals are multi-faceted: to provide a livelihood to the less privileged while preserving local arts and promoting environmentally sustainable products. We have struck collaborations with many retail stores in Delhi like Giggles, the Delhi Airport, and even corporates like Mckinsey.

Impact and Outcome: We have fulfilled an order of 5,000 doll fridge magnets and key chains for UP Tourism. Our ultimate aim is to guide our collaborations with obtaining raw materials, product development and ideation, upskilling and diversification, and finally to establish ourselves as a marketplace for all our partner organisations' products.









https://enactushinducollege.wixsite.com/enactushc/antra

<u>at</u>



PROJECT JEEVIKA – ENACTUS

Project Jeevika is an initiative by Enactus Hindu College that aims to work, bring change and do its part in the current global water crisis. Health and Access to Clean water are fundamental needs of every individual. India's burden of waterborne diseases is grossly underestimated. Annually about 37.7 million Indians are affected, 1.5 million children die of diarrhea and 73 million working days are lost leading to an economic burden of \$600 million a year. Our project aims to eradicate the problem of inaccessibility to clean drinking water with an attached sustainable business model positioned to provide an alternate source of income to our beneficiaries.

Impact and Outcome: We chose the community of Abheypur to start with the initiative and worked on setting up mechanical water filtration tanks in the houses of our direct beneficiaries. Since then we have actively been researching and working on introducing different models of water filters across various communities in Delhi-NCR. For this, we have partnered with other organizations like the Sehgal Foundation, which works on similar lines. Project Jeevika will continue to innovate and grow on the same principles



PROJECT SWABHIMAAN - Enactus

Description, Impact and Outcome:

At Project Swabhimaan, we believe improving the skill set is the first step of the ladder that leads to self-reliance. So, in wake of the same, we established a skill development centre in Vijay Nagar, Ghaziabad in 2020 where we offered various skill courses in various sectors including the IT and apparel sectors. Courses like computer skills courses and stitching skills courses were offered to the locals. Since we seek to achieve the holistic development of our beneficiaries, we also provided personality enhancement and entrepreneurial courses alongside our main skill courses. The project back then strived to provide our graduates with a livelihood by imparting skills, for the same, we connected them with skill development centres of corporate giants that ensure employment or incubate their entrepreneurial ventures.

Our tagline 'Ek Pahal Aatmanirbharta Ki Oar' truly resonates with our aim and with our beneficiaries who wish to be self-reliant. During the pandemic, Project Swabhimaan in collaboration with Jazbaat Foundation also taught 12th-grade students various essential soft skills through an online mode and continues to provide career guidance to the students even after their graduation. The feedback from our beneficiaries is used to determine how the sessions impacted and aided them. So far, we've conducted 8+ upskilling workshops once every month on soft skills such as Time Management, financial literacy, MS Excel-MS Word-MS Powerpoint, and Graphic Designing, etc.

Through our new venture of sex education, with our knowledge partner, Pratisandhi Foundation, we wish to create an even greater impact by providing a safe and comfortable environment for our beneficiaries to communicate their concerns and discomforts. Sex Education sows a seed of responsibility in one's mind towards others as well as oneself. Including Sex Education under Project Swabhimaan along with upskilling sessions will allow us to disseminate information to adolescents and underprivileged women using a curriculum that is age-appropriate, culturally relevant, and gender sensitive. Our sex education workshops also involve various activities in the form of interactive sessions and use visual material to impart imperative knowledge about their Anatomy-Physiology, Puberty-adolescent sexual development, Sexual Health, Consent-Healthy Relationships, etc.

Our ultimate goal for Project Swabhimaan is to establish a self-sustaining ecosystem within the community where beneficiaries are aware, trained, and offered employment opportunities which will eventually lead to the upliftment of the community as a whole.





Link to Project Swabhimaan Activities:

https://enactushinducollege.wixsite.com/enactushc/swab himaan

PROJECT PHIRBAN – ENACTUS

The COVID-19 pandemic made us appreciate our privileges and taught us to make the best out of what we got. It exposed us to the harsh realities of unemployment and waste production in our country. One of the significant contributors to this waste was Personal Protective Equipment (or PPE). Around 45,000 tons of Covid-19 biomedical waste was generated between June 2020 and May 2021 and the majority of this biomedical waste comprises PPE scrap, made up of polypropylene, the same plastic used for drinking straws, water bottles, etc.

Our project emerged from the dire consequences of Covid-19 on the environment, and employment of our country in the past one year. By taking this adverse situation as a challenge that needed to be overcomed, Project Phirban came into place as a great opportunity, in which we upcycled the unused PPE scrap into sustainable multi-purpose mattresses.

Working in accordance with the Sustainable Development Goals (SDGs), our project intends to make comfort accessible and also ensure an enduring living. Keeping in mind the essence of social entrepreneurship, we followed an easy and convenient method to implement our project. By obtaining unused scraps from PPE manufacturers, we segregated the pieces of different lengths and braided them together. Post braiding, with the help of a wooden board, we weaved together these braids and turned it into a mattress. And to further improve the quality of our mattress, we made a cover which is also handmade with leftover cloth pieces. The Usp of our product is that it is sustainable, lightweight, foldable, and low in cost.

For the most important aspect of our project i.e our beneficiaries, we collaborated with Myloktantra, a nonprofit public trust, in Noida. It works as a haven for women living in the jhugi and jhupdis which are adopted by them. By dividing women living there into self-help groups and being an intermediary for them in providing life-changing opportunities, we connected with these women for the making of our product. Through our easy-to-adapt technique, we tend to empower our target community by converting waste to wage.

Thus by selling these mattresses at a minimal cost, we try to solve 3 major problems with one shot i.e providing a source of income to our community, reuse the existing plastic in the society that helps in managing the waste efficiently and providing homeless people and people in need for a solution to lack of comfort ensuring their right to basic amenities.





ASSESSMENT PERIOD: 2017-2022

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Link to Activities:

https://enactushinducollege.wixsite.com/enactushc/phirban

https://www.instagram.com/reel/CjiRg2Dp7l-

/?igshid=YmMyMTA2M2Y=

https://www.instagram.com/reel/Cim9jzjpMUA/?igshid=YmMyMTA 2M2Y=

https://www.instagram.com/reel/Ch9uzI5poAS/?igshid=YmMyMTA 2M2Y=

https://www.instagram.com/reel/CgWubQLDBr0/?igshid=YmMyMT A2M2Y=

PROJECT OORJA – ENACTUS

"It's time for the human race to enter the solar system." - Dan Quayle

Currently, there are around 2,00,000 street vendors in the Delhi NCR region and a large portion of this community rent electrically charged lamps on a daily basis. These street vendors earn a measly amount of Rs. 66 per day on an average, out of which they are forced to pay Rs. 20 per day to the lamp owner.

Impact and Outcome:

Project Oorja seeks to tackle this problem with our unique Solar LED Oorja lamp that has been specifically designed to cater to these vendors' problems. Project Oorja provides these vendors with an opportunity to break free from the exploitative rental system and switch to a cleaner, cheaper and more efficient source of lighting. During the daytime, the Oorja lamp has to be charged and once it is charged fully, it can be used throughout the evening.

Project Oorja was the winner of the Blue Dart Empowering Competition Grant 2017 as well as the Enactus Mahindra Rise Competition 2016.

Link to Activities:

https://enactushinducollege.wixsite.com/enactushc/oorja?wix-vod-video-

id=022fe27d51644c8a8541644d4e107f20&wix-vod-comp-id=comp-jkqtolue

https://enactushinducollege.wixsite.com/enactushc/oorja

https://enactushinducollege.wixsite.com/enactushc/news



September 1, 2017

Students to encourage vendors to get solar lamps

Oorja is a Hindi word which means energy, and energy is just what these students of Hindu College are looking to provide through project Oorja, which focuses on promoting the use of solar lamps among lakhs of street vendors in the Capital.

DNA INDIA



August 21, 2017 Hindu College students to promote solar lamps

While striving to reduce carbon dioxide emissions, students of Delhi University (DU) have launched an initiative — Project Oorja — to promote the use of solar LED lamps among 2 lakh street vendors currently using kerosene lamps. Enactus Hindu College, in collaboration with LED safari, aims to provide clean energy solution through solar LED lamps.

The Asian Age



January 14, 2017

With Help From Delhi University Students, Over 2 lakh Toxic Kerosene Lamps to be Replaced With Solar Counterparts

Delhi University's Hindu College has collaborated with LED Safari to ensure that the kerosene lamps of close to two lakh street vendors are replaced with solar alternatives, the Asian Age reported.

The Better India
PROJECT SOAPRISE – ENACTUS

One child dies every day due to diseases that could have been prevented by a soap. The World Bank estimates that 21% of communicable diseases in India are linked to unsafe water and lack of hygiene practices.

Soaprise, an initiative by Enactus Hindu aims to tackle this problem

Under Project Soaprise, we mapped out a system that allows collection of soaps that were otherwise being discarded and recycled them into new bars of soap.

Impact and Outcome: Project Soaprise aims to deliver two products. The first is a toy soap, engineered specifically to attract children who know nothing of soap and therefore is shaped like a toy. These soaps, have small toys placed inside so the children wash their hands more often with the incentive of reaching the toy. Our second category of soaps the 'Loofah Soaps' is being created to be sold at competitive prices with the general public being our target audience. The soaps are made with a touch of essential oils which help in fighting bacteria, repelling mosquitos, moisturizing the skin as well as creating a lather.

In this journey, we trained women from village Karkar in Uttar Pradesh and enabled them to set up their own soap enterprise.

Environment-friendly and beneficial for many, Soaprise promises to be an agent of social change.

With Project Soaprise, our ultimate aim is to lather people with health and happiness

Link to /	Activities:
https://	<u>/youtu.be/KLMeME1onME</u>
https://	/youtu.be/x8miN1izNqA
	/enactushinducollege.wixsite.com/enactushc/videos?wix-vod-video-id=022fe27d51644c8a8541644d4e107f20&wix-vod- d=comp-jkuve6w5
	/enactushinducollege.wixsite.com/enactushc/videos?wix-vod-video-id=d17f9692a4344a07801c466f81d813de&wix-vod- d=comp-jkuve6w5

PROJECT VEERANGANA – Enactus

Women's safety is one of the major issues plaguing our nation today, be it violent victimization through rape, acid throwing, dowry killings, stalking or plain theft. In such a scenario, the importance of self-defence training cannot be overstated.

Project Veerangana aims to provide unemployed women with the skill-set of self-defence training that can be marketed, and promote financial independence and an improved standard of living among them. During the course of this project, we will see a community of originally unemployed, dependent women emerge as independent business owners and trainers, using their recently developed skill-set to not just improve their own standards of living, but also make the lives of thousands of others safer, all through the power of social entrepreneurship. Project Veerangana has been the recipient of the KPMG Ethics Grant 2016.











Link to Activities:

https://enactushinducollege.wixsite.com/enactushc/veera ngana



January 15, 2017

Self-defence classes gain momentum at DU after the NYE mass molestation

Hindu college too has initiated a selfdefence and skill development program called Project Veerangana. An initiative of Enactus Hindu, the program imparts basic self-defence training for women and also helps them to turn their self-defence skills into a source of livelihood.

Hindustan Times



January 14, 2017

Self-defence Programmes gain Popularity in DU Colleges

Hindu College has also introduced a similar self-defence and skill development course by the name of Project Veerangana. The institute will impart basic self-defence training for interested female candidates that will further help them to find employment.

College Dekho

PROJECT SHRESHTH - Enactus

Project Shreshth is targeted at integrating government schemes and infrastructure with business to inculcate entrepreneurship skills among women living in lower middle class families in Badli Industrial Area

It is an initiative to socially and economically empower women belonging to the underprivileged section of society. A small-scale incense-stick manufacturing business has been established for our beneficiaries who were trained and certified to make incense sticks under the Prime Minister Rozgar Yojana at the Khadi Department, Ministry of MSME, Government of India.

Impact and Outcome: Project Shreshth has been the recipient of Walmart's Women Economic Empowerment grant twice. As a result of the self-reliance stemming from the their new role as entrepreneurs, our beneficiaries now enjoy greater participation in budgeting decisions of the family and other household matters.











Link to Activities:

https://enactushinducollege.wixsite.com/enactushc/shres hth

PLOG RUN

NSS Hindu College regularly organizes plog runs.

Impact and Outcome: One such plog run was conducted from college campus to Bonta park which proved to be a highly successful enterprise, since students were able to collect a large amount of recyclable waste. They began their run from Hindu College Campus, passed the Ridge Area and then finally concluded their run in the middle of the Park.







Link to Activity:

https://hindudataconnect.s3-ap-south-1.amazonaws.com/4-2023-16-1659-merged file-95.pdf

Appendix C

LIST OF MAGAZINES

S.No.	NAME OF THE MAGAZINE
1.	Indraprastha
2.	Manodrishti
3.	The Probe
4.	Annulus
5.	Arpan
6.	Arth
7.	Comverse
8.	Hastaakshar
9.	Hindu College Gazette
10.	Kaizen Chronicle
11.	Casebook
12.	Pramaanam
13.	Siyasat
14.	Waqif
15.	The North East Indian
16.	Itihas
17.	Elixir
18.	Essence
19.	Prologue
20.	Qaasid
21.	Falsafa
22.	Subah
23.	Unblend
24.	The Buniyad Digest
25.	Zoologiqa







We are delighted to extend a warm invitation for guest entries, for the sixth edition of our magazine. These entries could be in the form of articles, in instructions are carcitoris, book reviews related to Politics. Economics, liketory, international Relations, Philosophy, Literary analysis commentary, Business, Technology, Lifestyle.

Word count range: 1000-3000 words

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Kaizen Hindu • Dec 31, 2022 • 12 min read

COMVERSE-DECEMBER'22



CQM<u>VE₹SE</u>



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BUSINESS BUZZ

According to Ray Dalio - "The world exists in recessions, expansions and long-term debt cycles." Have you heard about the recession going on with the second largest Crypto investor Sam Bankman Fried whose crypto worth \$ 35 billion got bankrupt and even Bitcoin had a 70-75% crash in its market share value? On the flip side, we can even have a look at an Amazon company whose share value got crushed by 95%, and since then it is giving 560 times return.

So, are you also looking forward to learning more about and investing your money in this dynamic world of cryptocurrency? Then you should read this piece.



INTRODUCTION

What is cryptocurrency? How does it work? Why is its price so volatile?

Let's take a practical instance.

Suppose, Mr. X gives services worth Rs 10 to Mr. Y but he pays with a stone rather than Indian currency. Then, they put an ideology to keep things as simple as possible. But as the time is becoming digital so they digitize the stone and make a digital stone. As many people previously had a problem with fiat currency, if the currency is mine then why does the government or bank or agencies keep control over it whenever inflation or deflation occurs? So they decided to make a currency decentralized, which will not be controlled by anyone. But the digital stone has a lot of problems: it can be stolen or anyone can copy it or can be multiplied by many times or anyone can send it to anyone from anywhere. So there is a solution i.e. each transaction should be noted in a ledger. But it's not an individual man who controls it. Because he can also do fraud, hence there is a revolutionary solution i.e. the ledger will be shown on every computer very clearly. So if someone tries to do dishonesty, then in all the computers the ledger data will be mismatched and he will be caught.

Now relate the above case with cryptocurrency. The digitized stone is a cryptocurrency. Crypto means secret and currency means a medium of exchange of goods & services. Thus, this is a secret or private currency. Some known names of cryptocurrency like Bitcoin, Ethereum, Ripple, etc. The public ledger has been maintained by peer-to-peer networks. It is done through a revolutionary technology called Blockchain, the term blockchain means millions of transactions make a block and each block keeps making the chain longer, so any fraudulent transactions get revealed easily. Crypto miners solve difficult puzzles and add transactions to a distributed ledger in order to verify transactions and create new blocks. No human does this, this is system generated, it is automatic, but it needs special software and computers. The miners get rewarded for the money and time involved in the entire process. Now, it's clear that cryptocurrency is a decentralized digital currency and all transactions are recorded in a public ledger, maintained by blockchain.

The strong pillar of cryptocurrency is cryptography which means everything is coded. It is previously defined how many currencies are fixed or limited. Therefore, its price depends upon its demand. The supply of Bitcoin is 21 million. So its price depends on its demand. Its market price in 2010 was Rs 20 and by increments in 2021 it rose to Rs 30 lakhs. The price dependence are factors like its status in power media, and how

जनवर्या - जून 2017 . Gif-20

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Pg 45 मैली यमुना और प्यासी दिल्ली

Pg 30 Socio-Political Development Of Women In India And South Korea

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KAIZEN- DEPARTMENT OF COMMERCE, HINDU COLLEGE

ADVENTURE OF A LIFETIME

YEARBOOK 2022





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प्राचार्स,

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Disability: A Societal Impairment? Ayana Pathak

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> We Bleed, So What? Atlanta Priyadarsini

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Elixir ₩ Nov 27, 2021 • 3 min

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EVOLUTIONIS

Featured article-Evolution of the extinct : Bringing the Dodo back to life.